



Prospectus

Practitioner Diploma In Clinical Hypnotherapy

020 3603 8535

info@lcchinternational.co.uk

www.lcchinternational.co.uk

Transformational Training Through Clinical Hypnotherapy

Our Mission

As you are interested in studying and developing your skills, and practising as a Clinical Hypnotherapist, we invite you to read through this prospectus and explore what we have to offer you.

LCCH International provides intending practitioners of hypnosis and hypnotherapy, as well as those with an interest in the subject, with the practical skills and theoretical background knowledge to practise hypnotherapy safely and ethically.

Taught by our highly experienced therapists and lecturers, our aim is to provide quality training in clinical hypnotherapy. We enable our students to deal confidently and effectively with a wide range of physical and psychological symptoms from the so-called straight forward, to the complexities of trauma. Practical skills training are an essential part of all LCCH International hypnotherapy training courses.

Our Courses

We have always maintained that hypnotherapy is a unique, stand-alone professional discipline in its own right and our courses reflect this.

- Practitioner Diploma in Clinical Hypnotherapy
- Advanced Practitioner Diploma
- Medical Diploma for Healthcare Professionals
- Adjunctive Hypnotherapy for Medical Practitioners and First Responders
- CPD Masterclasses

You can join us at one of our five regional centres:

- London
- Bristol
- Birmingham
- York
- Glasgow



Practical Skills-based Training

We pride ourselves on teaching you how to develop effective and practical hypnotherapy skills that are based on sound theoretical foundations. We demonstrate the techniques we teach before guiding you through their practical application.

You get to practice every technique we teach you. We feel it is extremely important for you to not only know how to guide someone through the experience, but also to gain a perspective from your patient's point of view. Your lecturer or supervisor will always oversee practice sessions as you take the opportunity to relax and enjoy the hypnotic experience.

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Eligibility and Exit Skills

Exit Skills

You will be awarded the Practitioner Diploma in Clinical Hypnotherapy on successful completion of the course. This means that you will be able to enter professional practice as a Clinical Hypnotherapist, initially under clinical supervision in accordance with good ethical practice. Clinical supervision is an activity where you see an experienced hypnotherapist to reflect on your practice. It is a time for you to think about your knowledge and using your skills as a hypnotherapist. The purpose is to enhance your understanding and protect your clients. On successful completion of the course, you will also be able to use the designating letters PDCH after your name.



When you graduate from the PDCH course you will be accepted for Associate Membership of the British Society of Clinical Hypnosis – BSCH (Assoc). As an Associate member of the BSCH you will also be able to apply for membership of the CNHC (Complementary and Natural Healthcare Council), a body set up with government support to protect the public by maintaining a register of therapists who have trained to a certain standard.

Many of our graduates go on to set up their own practice, or add hypnotherapy as an adjunct to their existing practice.

Eligibility

Whether you are seeking to train as a hypnotherapist or simply have an interest in this fascinating subject this course is open to you. You do not need to have had any previous experience of hypnosis or related subjects to study with us.

Our PDCH Course has been useful to people from a wide variety of backgrounds, many of whom have gone on to practise full-time, or part-time to supplement their income. There is ample scope for everyone – and we find an increasing number of our students come to hypnotherapy from diverse backgrounds such as commerce, industry, and domestic life.

Of course, as hypnotherapy involves working with members of the public, we do ask you to attend an interview with one of our college officers before being accepted on our training programme. This is to ascertain your understanding of spoken and written English, and to check if there are any medical reasons that may need to be taken into consideration before accepting you. You must be 18 years of age or above to enrol on the course.

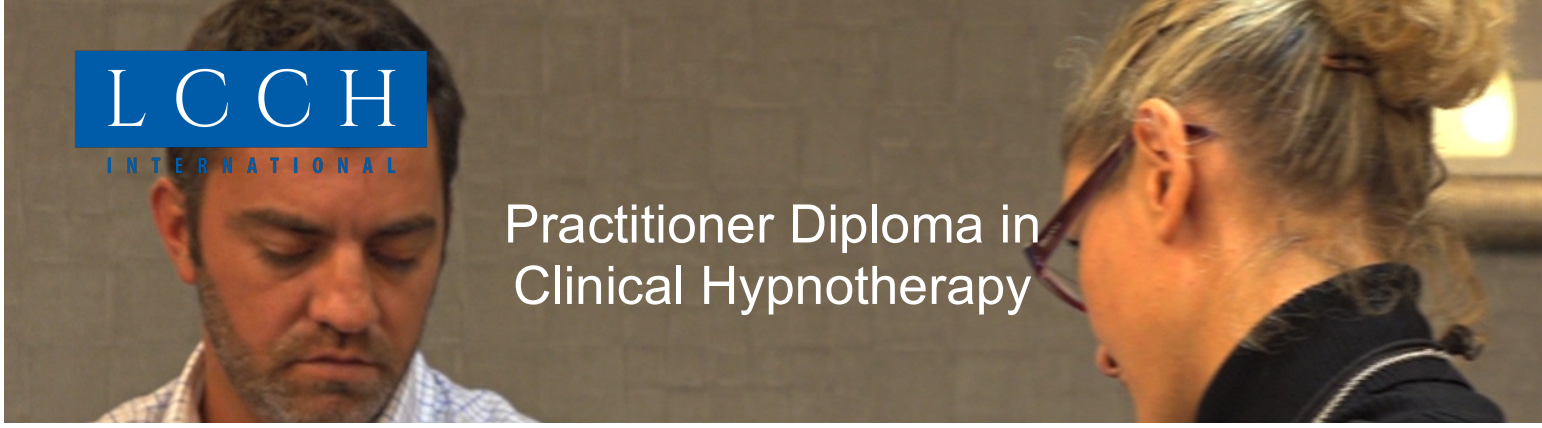
Call us on 020 3603 8535 to arrange your interview



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Practitioner Diploma in Clinical Hypnotherapy

Aims

At LCCH International, we help you to build a firm foundation of knowledge as you explore various approaches to effectively, safely and ethically treat the most common presenting symptoms for hypnotherapy e.g. weight management, insomnia, phobias and of course smoking cessation. Eclectic in nature, our course enables you to become an accomplished, well-rounded and confident hypnotherapist. Your progression through the course will take you from learning the basics through to the application of the therapeutic approaches most appropriate for your clients.

We pride ourselves in helping you become an effective and knowledgeable therapist; this course forms an important part of that process.

"This course gave me everything that I needed to set up as a clinical hypnotherapist" Beth Sullivan

Course Details

The Practitioner Diploma in Clinical Hypnotherapy (PDCH) is part time, delivered over ten intermittent weekends, usually once a month, in a classroom setting. In addition to the classroom hours, an essential part of the course is an independent guided study programme using our online e-learning facility. Here you will find a wealth of videos of lectures, quizzes, audio files, reading material and other useful resources. Additionally, you will need to complete tasks and assignments, self-directed research and revision.

As part of the course, you are required to attend a minimum of 4 personal tutorials. These are designed to help you with your clinical case study, give you a chance to go over anything that you need clarification on, and to speak to an experienced clinical hypnotherapist.

In some of our centres, we deliver the PDCH course as a weekly evening class, usually during term-times.

On both our evening and weekend courses we provide you with comprehensive weekend

workbooks that deliver the core learning, strategies, theoretical background, hypnosis scripts, references, appendices and on-going relevant activities designed to help you assess your progress. We place an emphasis on the practical element in your hypnosis training. This allows you to get valuable experience in working with people who are in trance, as well as enjoying the benefits of the trance experience yourself. This experience forms part of your personal development, and many of our students notice an increase in their confidence, being more calm, and with a positive mental attitude too.

In accordance with good ethical practice, it is mandatory to join the British Society of Clinical Hypnosis (BSCH) as a student member. This is a national professional body promoting and assuring high standards in the practice of hypnotherapy.

Whilst on the course, you need to have professional indemnity insurance. We are pleased to let you know that discounted insurance is available through your membership of the BSCH.

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PDCH Syllabus

Psychology, theory and clinical practice:

Abreaction
Analysis
Behavioural psychotherapy
Clinical supervision
Confidentiality
Countertransference
Dissociation and neurosis
Ethics
Hemispheric lateralisation
Locus of control
Pain theories
Pluralism
Positive psychology
Practice management
Psychodrama
Psychoeducation
Secondary gains
Teletherapy
Transference

Symptoms including:

Asthma
Binge eating
Bruxism
Childhood anxiety disorders
Depression
Dental anxiety
Dental procedures
Dermatology
Dystonia
Erythrophobia
Headaches
Insomnia
Irritable Bowel Syndrome
Nail biting
Night terrors
Nocturnal enuresis
Pain management
Panic attacks/panic disorder
Paranoia
Performance anxiety
Performance enhancement
Phobic disorders
Psychogenic infertility
Sleep disorders
Smoking
Snoring
Sporting hypnosis
Stammering
Stress management
Tinnitus
Weight control

Techniques including:

All possibilities of response
Anchoring
Assertiveness training
Automatic writing
Aversion therapy
Braiding Process
Bridging techniques
Compound suggestions
Confusion techniques
Control room of the mind
Creating suggestions and reverse suggestions
Direct and indirect techniques
Dissociation / hand levitation
Ericksonian hypnosis
Garden technique
Generalisation, deletion, distortion
Glove analgesia
Goal setting
Healing coloured light
Hypnodesensitisation
Hypnodrama
Hypnosis with children
IMR therapy
Inducing and deepening trance
Inner child
Library of life technique
Mask technique
Memory substitution
Meta Model
Metaphor
Modifying thought patterns
“Not knowing” and “not doing”
Observation skills: calibration
Open-ended suggestions
Part and stage dissociations with and without IMR
Past life regression
Positive phobia replacement
Problem identification
Pseudo orientation in time
Regression techniques
Rewind technique
Self-hypnosis
Self-integration dissociation
Suggested amnesia
Taking a case history
Therapeutic use of dreams
Time distortion
Truisms
Use of the negative
Using questions in trance
Wise old person technique
‘Yes’ set

Please note that the syllabus can change as the course evolves

The PDCH covers the National Occupation Standards for Clinical Hypnotherapy requirements and adheres to the CNHC Core Curriculum



Practitioner Diploma in Clinical Hypnotherapy (2696)

Glasgow, The Caledonian University, Cowcaddens Road Glasgow G4 0BEA

Course dates:

Saturday 6 and Sunday 7 April 2019
 Saturday 11 and Sunday 12 May 2019
 Saturday 8 and Sunday 9 June 2019
 Saturday 20 and Sunday 21 July 2019
 Saturday 10 and Sunday 11 August 2019
 Saturday 7 and Sunday 8 September 2019
 Saturday 12 and Sunday 13 October 2019
 Saturday 9 and Sunday 10 November 2019
 Saturday 7 and Sunday 8 December 2019
 Saturday 11 and Sunday 12 January 2020
Exam: Saturday 16 February 2020

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Start: 9.30 am

End: 5.00 pm

Total fee: £2800 (£2333.33 + £466.67 VAT)

Deposit: £700 (£583.33 + 116.67 VAT)
(payable on booking)

Balance: £700 (£583.33 + 116.67 VAT) (payable on the first, fourth and eighth weekends)

Exam fee: £195 (£162.50 + 32.50 VAT)
(payable on day of exam)

Tutorial fee: £30 per tutorial paid directly to your tutor

Please tick a payment option

☐ I enclose full payment of £2800

Or

☐ I enclose a deposit of £700 and agree to pay the balance by the due dates

Name:

Name as on card:

Address card registered to *(please add correspondence address on back if different)*:

Phone:

Postcode:

Email:

Cheques should be made payable to ***LCCH International Ltd.***

Visa Mastercard Switch Other (*not* Amex) (please circle as appropriate)

[illegible]

Expiry date					CVC					Issue number			
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I have read and agreed to the terms and conditions of enrolment set out overleaf:

Signature:

Date:

LCCH International, 7 Bury Place, London WC1A 2LA

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- Course fees include all course materials.
- Upon full payment of the course fees all study material becomes the property of the student. However, all course material is subject to copyright and may not be used by anyone else.
- Fees paid, either in full or in part, are not refundable unless the course is cancelled. However, should you not be accepted to attend the course, your deposit will be refunded in full.
- In case of non-commencement of the Practitioner Diploma in Clinical Hypnotherapy course, or, interruption of studies, LCCH International Limited will consider transferring students to an equivalent course within twelve months of enrolment.
- In the event of seriously overdue fee payments not being met, LCCH International Limited reserves the right to suspend all academic services to the student until the payments are resumed.
- In the event of a postponement of studies, additional payments may be required if the fees increase in the intervening period.
- These conditions do not affect your statutory rights.

Correspondence address if different to the address your card is registered to:

Postcode: